



## Maryland Horse Country Tour de Cure

Howard County, Maryland

<b>DATE:</b>	Saturday, May 8, 2010
<b>LOCATION:</b>	Glenwood Community Center Cooksville, Maryland
<b>TIME:</b>	62-mile: 7:15am, 8:00am start 31-mile: 8:30am, 9:15am start 10-mile: 9:30am, 10:30am start
<b>PARTICIPANTS:</b>	650 riders are expected to join us!
<b>PLEDGES:</b>	Fund raising minimum is \$150
<b>REGISTRATION FEES:</b>	Early Bird until March 30 <sup>th</sup> - \$15 Day of event: \$25
<b>FOOD:</b>	Delicious refreshments will be provided
<b>WHY:</b>	To raise money to prevent and cure diabetes and to improve the lives of all people affected by diabetes.

Diabetes kills more people than breast cancer and AIDS combined.  
Nearly 300,000 people in the State of Maryland have diabetes.

TAKE THE RIDE OF YOUR LIFE TO FIGHT DIABETES!

Please call Julie Frieman at 410-265-0075, x4675 for more information.

Register online now at [www.diabetes.org/tour](http://www.diabetes.org/tour)